

REFORM FITNESS CHILDCARE POLICIES AND PROCEDURES

This guide offers information to help you and your child have a positive experience with our childcare. Reform Fitness, LLC. has the right to make changes to the childcare hours and/or days at anytime. Reform Fitness may terminate the offering of childcare at any time or cancel a period of care based on its sole discretion. Please read carefully, and let us know if you have any questions.

CONTACT US:

330-856-4777

Email: reformfitnessgym@gmail.com

REFORM FITNESS CHILDCARE HOURS:

Monday & Wednesday: 5:00 PM to 8:00 PM

Thursday: 10:00 AM to 12:00 PM

DROP OFF & PICK UP

Children ages 6 months to 10 years old can participate in Reform Fitness Childcare.

Parents must remain at Reform Fitness while children are checked in, and the **parents are not permitted to leave the premises.** The parent who dropped the children off must pick up the children. There are no exceptions to this rule.

The maximum time for a visit is **1 hour 30 minutes.** There is a limit of 10 children in the childcare room at one time. Reform Fitness reserves the right to deny admittance based on occupancy and/or childcare workload.

Per visit, you will be asked to check your child(ren) in our center's software (Mindbody) and fill out the following:

- Child's name, age, whether or not they are fully toilet trained
- Time of check-in & check-out
- Your location in the gym (fitness room, spinning class, or aerobics room) & signature

MEMBER PAYMENT OPTION

Only members who have active memberships are permitted to use childcare. Payment must be made at the front desk prior to check-in.

We have 2 options available to members:

1. An additional \$15.00 / month will be added on to current monthly membership cost.
 - a. \$25.00 / month for 2 children and \$35.00 / month for 3 children
2. We will offer a drop in fee of \$5.00 per visit (cash only)
 - a. \$8.00 per visit for 2 children and \$10.00 per visit for 3 children

DIAPERING/TOILET TRAINING POLICY

Reform Fitness staff are not permitted to change any diapers or help in the restroom at all. If your child has a soiled diaper, our staff will contact the parent to change the diaper. If your child is not completely toilet trained and is in need of assistance, staff will contact the parent to help their child in the restroom. From there, the child can continue their time with us. Children who are completely toilet trained are permitted to use the restroom on their own.

SNACKS

Food and drinks are not permitted inside the childcare area with the exception of a water bottle. The child's name must be clearly printed on the water bottle.

MEDICATIONS

Medications will not be issued by Reform Fitness staff.

EMERGENCY

In the event of a fire, tornado, or any type of natural disaster, Reform Fitness staff will take immediate action to ensure the child's safety, and will contact the parents immediately.

BEHAVIORAL EXPECTATIONS

Reform Fitness Childcare does not allow the following behaviors including but not limited to:

- Actions that could threaten the physical or emotional safety of themselves, other children, and/or staff.
- Destructive or damaging behavior
- Any continuous negative behavior that impacts the childcare, and/or safety and enjoyment of others
- Reform Fitness staff will do their best in consoling a crying child, but a parent may be contacted for assistance.

REFORM DISCIPLINE PROCEDURES

- Staff will use positive reinforcement and redirection to redirect the child's behavior.
- Staff will first have a conversation with the child to discuss unwanted behavior and set up healthy expectations.
- If redirection is ineffective, staff will communicate the issue with parents at pick up, a phone call, or possible parent conference.
- If inappropriate behavior continues, Reform Fitness may suspend or terminate childcare use depending on severity of the behavior. Length of suspension is determined by factors such as type/severity of behavior, behavior history, age of youth, etc.

OUTSIDE BELONGINGS

Children are not permitted to bring toys from home into the childcare room. Tablets are permitted as long as the parent allows permission, and agrees that Reform Fitness and staff will not be held liable for any damages done to personal belongings. Reform Fitness staff may prohibit use of tablets at any time based on their sole discretion.

WHEN TO STAY HOME

Children will not be allowed in our childcare room if they have any of the following symptoms:

- Fever
- Runny nose
- Sore throat
- Excessive coughing
- Diarrhea
- Vomiting
- Fever
- Head lice
- Discharge from eyes
- Poor Hygiene/ Inappropriate or unsafe clothing
- Undiagnosed rash, sore, or other skin condition
- Children are not permitted with any type of communicable disease.
- Any illness being treated with antibiotics for less than 24 hours

Your child must be free of any type of symptoms for a full 24 hours before returning to the childcare facility. A physician's note may be requested before re-admitting a child to the childcare.

Any situation deemed unsafe and/or unacceptable will result in the removal of the child from the childcare area.

Childcare Agreement & Release Form

I hereby release and agree to indemnify, defend, and hold harmless Reform Fitness, its representatives, agents, staff, contractors, associates and directors from all claims or liability for damages and/or injuries incurred by my children in connection with child care provided at Reform Fitness. I further acknowledge I have reviewed and evaluated the risks and determined to use the child care provided by Reform Fitness with full knowledge and acceptance of the risks. I understand that Reform Fitness does not provide insurance coverage for accidents or injury sustained by my children. I agree that use of child care provided at Reform Fitness and participation in activities or events at Reform Fitness shall be undertaken by me or my children at our sole risk, and Reform Fitness shall not be liable for any injuries or any damage to me, or my children, or be subject to any claim, demand, injury or damages whatsoever, irrespective of cause or origin. Reform Fitness shall not be responsible or liable for articles damaged, lost, or stolen, in or about the Childcare room and recreation center, or for loss or damages to any property including but not limited to automobiles and the contents thereof. I understand I must pay a set fee for childcare whether it be monthly or based on per visit. I understand that Reform Fitness, LLC., it's independent workers, contractors, and all other authorized associates can at their sole discretion suspend or terminate a child from the childcare setting at any time. The undersigned parent or legal guardian hereby expressly grants to Reform Fitness, and its authorized staff consent to emergency medical care for the child when the Reform Fitness is immediately unable to make contact with the parent or legal guardian and because waiting for the parent's or legal guardian's consent would jeopardize the health and welfare of the child.

I HEREBY ATTEST THAT I HAVE 1) READ AND UNDERSTAND THE ABOVE DISCLAIMER AND 2) RECEIVED, READ AND UNDERSTAND THE RULES, REGULATIONS, POLICIES AND PROCEDURES GOVERNING CHILD CARE IN THE CHILDCARE ROOM AND THROUGHOUT THE FACILITY.

A PHOTOCOPY OF THE PARENT(S) DRIVER'S LICENSE MUST BE PROVIDED

Parent's names: _____ Phone # _____

Child's name _____ Child's Date of Birth _____

Allergies/Sensitivities: _____

Behavioral/Health Conditions: _____

Emergency Contact Number & Name : _____

Family Pediatrician & Phone # _____

Comments & Concerns: _____

Parent's signature _____ **Date** _____